

UNSAFE ABORTION: MESSAGES

LAST UPDATE: MARCH 2022

About the Message Library

People affected by disaster must have access to timely, appropriate and accurate information to help them keep themselves and their families safe and well. They should know their rights, entitlements and be able to give feedback. Responders have a duty to put in place appropriate, systematic and coordinated mechanisms to ensure this.

Our Message Library offers clear, concise and simple messages on a range of topics as templates for you to adapt and use in the context you are working in. These are intended to help you make a quick start on communicating with communities while you further develop mechanisms for on-going dialogue with diverse groups within each community.

For help contextualising and using the messages we recommend you do our e-learning course and read the following technical guidance.

E-learning

<https://kayaconnect.org/course/info.php?id=768>

Guidance

<https://www.cdacnetwork.org/tools-guidance/cdac-message-library-user-guidance>

If you need an abortion

If you or someone you know needs an abortion, always seek proper medical advice. You can get advice on the law about abortion and where to get help from [insert info].

What is an unsafe abortion?

An unsafe abortion is any procedure used to stop a pregnancy done by someone who isn't a trained doctor / health professional. An unsafe abortion is any method used to end a pregnancy before birth that is done by someone who is not a trained doctor / midwife or other health professional.

Why is unsafe abortion dangerous

Unsafe abortion is dangerous because it can lead to severe complications which make the woman very ill, can stop her from having children later and can lead to death.

What help is available?

If you or someone you know has had an unsafe abortion and has a lot of bleeding or fever, visit your local health centre immediately. If you are worried about going, take someone you trust with you. You should be treated with respect and confidentiality. Contact [insert info] to find out where your nearest health facility is. If you have any worries about getting help please contact [insert info].

REFERENCES

For more information on this topic, we recommend you read the following references.

World Health Organization (2022). **Abortion**
https://www.who.int/health-topics/abortion#tab=tab_1

World Health Organization (2022). **Abortion: factsheet**
<https://www.who.int/news-room/fact-sheets/detail/abortion>

HELP US KEEP THE LIBRARY UP TO DATE

If you would like to contribute to topic reviews, have found a message that needs greater clarity, or wish to create a new topic, please contact us at info@cdacnetwork.org.