WOUNDS: MESSAGES

LAST UPDATE: MARCH 2022

About the Message Library

People affected by disaster must have access to timely, appropriate and accurate information to help them keep themselves and their families safe and well. They should know their rights, entitlements and be able to give feedback. Responders have a duty to put in place appropriate, systematic and coordinated mechanisms to ensure this.

Our Message Library offers clear, concise and simple messages on a range of topics as templates for you to adapt and use in the context you are working in. These are intended to help you make a quick start on communicating with communities while you further develop mechanisms for on-going dialogue with diverse groups within each community.

For help contextualising and using the messages we recommend you do our e-learning course and read the following technical guidance.

E-learning

https://kayaconnect.org/course/info.php?id=768

Guidance

https://www.cdacnetwork.org/tools-guidance/cdac-message-library-user-guidance

This message set is currently under development. If you can help us with this, please get in touch at info@cdacnetwork.org.

How to treat heavy bleeding

Put pressure on the wound with whatever is available to stop or slow down the flow of blood. As soon as possible, call for assistance. Keep pressure on the wound until help arrives.

Self-care of wounds

If you have been injured, keep your wounds clean using soap and water and seek treatment as soon as possible. Contact [insert info] to find out where your nearest health facility is.

REFERENCES

For more information on this topic, we recommend you read the following references.

IFRC (2020). **First aid guidelines.**
www.globalfirstaidcentre.org/first-aid/

British Red Cross (2021). **Learn first aid.**
www.redcross.org.uk/first-aid/learn-first-aid

HELP US KEEP THE LIBRARY UP TO DATE

If you would like to contribute to topic reviews, have found a message that needs greater clarity, or wish to create a new topic, please contact us at info@cdacnetwork.org.